



Pony Tales

Official Publication for Members of the Golden Hills Mustang Club
Established 1982

VOLUME XLII, 10

E-EDITION

OCTOBER, 2024

Ford Steps Up For Kids!



We were thrilled to see this picture posted on the Will C. Wood Facebook page on September 24th. Here is what they had to say:

“Many high school students dream of owning a car, so you can imagine the excitement of the Will C. Wood automotive technology students when Assistant Principal Jordan Kieschnick arrived at the auto shop in a 2023 Ford Explorer ST. The vehicle was generously donated by Ron DuPratt Ford in Dixon. Because the car is equipped with many modern electronics in most vehicles, it will give students hands-on experience working with the latest vehicle technology and modern diagnostic tools.” We followed up and found out how this all came about. See story on page 4.



CLUB PURPOSE

The Golden Hills Mustang Club, established in 1982, is a nonprofit organization, the purpose of which is to promote the admiration, ownership, care and maintenance of the Ford Mustang Automobile - regardless of model year.

The club provides a social group for its members whereby they can meet, socialize and maintain a spirit of good fellowship, and participate in activities including the use of their Mustang.

The club serves as a medium for the exchange of ideas, information and parts, and is dedicated to furthering the interest of owners and drivers of the Ford Mustang.

2024

Board of Directors

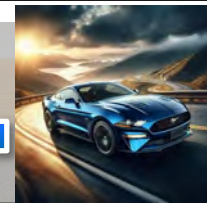
Club President	Bob Fentress
Vice President	Nick Loya
Secretary	Alice Troxell
Treasurer	Brian Evans
Past-President	Sue Calvert
Terry Burke	
Dan Cordeiro	
Jerry Lamphiear	
Robert Lo	
Frank Lopez	
Don McEachern	

2024 Car Show Chairman	Robin Paulsell carshow@goldenhillsmustangclub.com
2025 Car Show Chair	Paul Troxell
Club Items	Ileine Burke
Food Drive	Pat Sivigliano
Historian	Ileine Burke
Hospitality	Volunteer needed
MCA Regional Director	Joel Edelman
Membership	Norma McCabe membership@goldenhillsmustangclub.com
Newsletter Editor	Norma McCabe nrmccabe@gmail.com
Circulation	Robin Herman
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Raffle	Cyndy Lamphiear & Lisa Mitsopoulos
Sunshine	Yvonne Westberg
Webmaster	Terry Burke webmaster@goldenhillsmustangclub.com
Parade Chairman	Brian Evans
Name Badges	Dan & Norma McCabe
Pony Express to our Troops	Frank Lopez
Scholarship	Frank Lopez
Information Officer	Dan McCabe info@goldenhillsmustangclub.com
Veterans Liaison	Bill Davis
GHMC Technical Director	Paul Troxell



HEADING DOWN THE TRAIL...

With President Bob Fentress



The fall season is here... it's not quite so hot outside and there's at least one car related event every weekend where we can share Mustang fever with the collector car community. A special event for the season will happen on Saturday, October 26 – the annual Trunk & Treat event at Ron DuPratt Ford in Dixon. This is always a fun event and brings out the “kid” in all of us! Complimentary coffee and donuts will be provided by the dealership. So, pack a picnic lunch, grab the candy and pick out your favorite costume to entertain the trick-or-treaters who will be stopping by our display! We will send out an email blast with additional information as the date approaches.

The October general meeting is the time for the nominations for officers and board members. This is time to step up to help lead and serve your club. There are a lot of folks in the club who would do a fine job as an officer or board member. They just need a little encouragement to toss their hat into the ring. If you know someone that fits in this group, nominate them and encourage them to accept their nomination for an officer or board member position. It is lots of fun and you will get to work alongside fellow club members and passionate Mustang enthusiasts to keep GHMC the best Mustang club around. There is no better time than the present to serve your club. You need to accept your nomination so if you cannot attend the October general meeting, please tell a board member that you want to accept your nomination.

Have fun on the road and be safe out there!



Did you pay your dues this year?

Well, it's that time when we start getting ready for the end of the year. You must be a member in good standing to receive a ballot or an invitation to our Christmas Party. There are still a few who have not paid so this next part is just for you! We have a **BRAND NEW** way to pay your dues. If you are reading this on your computer, scan the QR code below with your phone and it takes you to our membership page. Or follow the link below.



[Please click here to go to our online membership form :](#)

The link above takes you to our new online membership form where you can fill out your information and either pay by check or PayPal which gives you several options. When you click submit your information goes directly to me. No need to download or scan the application.

If you prefer to pay the old-fashioned way, by check, please download a renewal application on the membership page and mail it to P.O. Box 497, Fairfield, CA 94533-0049 if you need help with printing or downloading, please call me (707-738-0938) and I can mail you an application. I will be contacting those who haven't paid by email, but if you are unsure if you have paid or not, please contact me at

membership@goldenhillsmustangclub.com

Thank you!

Please Stay Well and hope to see you soon!

Norma McCabe

Ford Steps Up For Kids!

Internship/ Explorer Donation

Ron DuPratt for has been a long time sponsor of Golden Hills Mustang Club. We have been very proud of that relationship over the years. Their dedication to our community has always been stellar, but this recent event really exemplifies how we feel about them.

We first found out about the donation to the Auto Shop at Will C. Wood when we saw it in a Facebook post. We called Peter Spitzer, Jr. (the owner's son) to confirm. He explained that they had arranged for the donation in order to support their internship program and give the students hands-on experience with the modern technology. Their ultimate goal is to be able to hire new technicians from Solano County rather than importing them from the Bay Area or Sacramento.

Peter wrote us this email:

Here is a background and summary of the internship program written by my sister Julee Spitzer- Operations Manager

“The internship we offer today wouldn't be possible without the innovation and support from Kimberly Lane and Kelly Birch from Solano County Office of Education. Because of the countless hours of coordinating and communicating back in 2021, we have a

fully developed internship program, which we are happily expanding at an additional high school this year. Not only do we enjoy giving back to the community, but this is about preparing students for their future and informing them of how important trades are in their community. We host our internship at our new Quick Lane facility in Vacaville to give high schoolers real-world experience. They move through a variety of milestones throughout their junior or senior year. Starting with a job shadow, completion of online Ford classes, applying on our website for the Internship, going through the interview process, and finally being accepted into the competitive internship. This experience isn't just valuable for the auto industry; the skills you learn—like applying for jobs, interviewing, and working with a team—are useful no matter what career path you choose. We're here because we believe in what you're doing and want to help you bridge the gap between school and the workplace.”

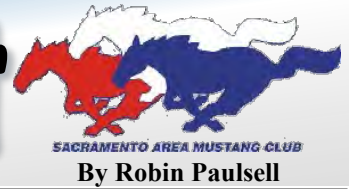
Peter Spitzer Jr
707-693-6119 Office



Information gathered by Dan & Norma McCabe



Mustangs at the Marriot



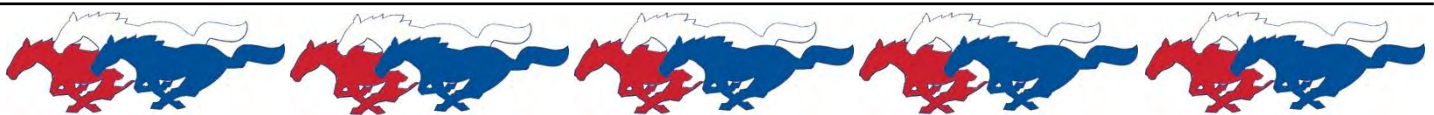
September 21, 2024

This has become one of my favorite Regional MCA Club shows, hosted by the Sacramento Area Mustang Club (SAMC) at the Marriott Hotel in Rancho Cordova. This year they set a record with 211 cars and once again overflowed the Gen 1 parking area with well over 60 cars. There were no Gen 2 Mustang II cars there and Gen 3 & 4 (Paige and I brought 2) cars were in the single digits. Gen 5 and Gen 6 were well represented with both in the double digits, but unless I missed one our own Nick Loya had the only Gen 7 there. Like ours this is an all-Ford show so there were plenty of other Ford, Lincoln, and Mercury models for everyone to see.

GHMC had the best representation I can remember, collecting the Club Participation Award with 12 cars.

Joel Edelman with his 66 Convertible, Rob Lo with his 67 Coupe, Brian Evans with his 67 Shelby GT500, Jim and Lauma Willis with their 70 Boss 302, Greg Turner with his 93 LX Convertible (also a Best in Class winner), me and Brenda with my 01 Cobra Convertible, Paige Paulsell with her 04 GT Convertible, Donnie McEachern with a borrowed 08 GT Coupe, Dan McCabe with his 08 Shelby GT Convertible, Paul and Alice Troxell with their 17 GT Fastback, Nick Loya with his 24 GT/CS Fastback, and soon to be new member Olaf Hanson with his 21 Mach 1. The weather was great and we had a great time seeing many old friends and making many new ones.

We're looking to set a new club record when we come back next year!



Ball Metal Car Show & School Supply Drive

By Peter Mitsopoulos

Ball Metal hosted their 11th Annual Car Show and School Supply Drive, in Fairfield, California, on September 7, 2024. Even though the attendance at this year's show was not as large as previous shows, we did have a good amount of GHMC members who attended the show, Terry and Ileine Burke, Alice and Paul Troxell, Nick Loya, Peter and Lisa Mitsopoulos, Jerry Lamphiear, and Rob Lo. There were a nice mixture of classics, hot rods, motorcycles, bikes, trucks and custom vehicles, as well as displays from the Solano County sheriff's office, and Fairfield Fire department. Attendees of the show were treated to, food vendors, prize raffle, and 50/50 raffle. Trophies for the show winners were hand made by employees from Ball Metal. School supplies donated this year will benefit Schools within Solano County. Let's make next year's show bigger and better. See you there!

SEPT 7th, 2024

Ball
Metal
11th ANNUAL
SCHOOL
SUPPLY DRIVE
CAR & BIKE
SHOW

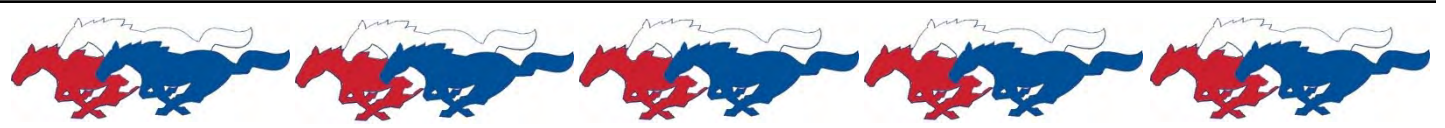


Planes, Trains and Automobiles

By Peter Mitsopoulos

The Rowland Freedom Center hosted their 3rd Annual “Planes, Trains and Automobiles” Car Show. This year’s show was a 2-day event, with a competition car show on Saturday September 21, 2024, and a non-competition car show (show and shine) on Sunday September 22nd. The Rowland Freedom Center located at 300 County Airport Rd in Vacaville, CA is a nonprofit military and aviation museum. The museum had a variety of planes on display both life size and scale models, Train

displays, and life size dioramas of various war events. There were about 80 vehicles entered in the show along with GHMC members Peter & Lisa Mitsopoulos, Bill Davis, Joe Holecek, as well as a surprise visit from CHP Officer Joey Holecek. The trophies that were handed out to this year’s winners were custom made wood plaques with aviation gauges attached to them. This is a great local show and hopefully more GHMC members will attend this show next year.





60th Mustang Anniversary



What's That 3rd Pedal For? / Bauer Edition

Note the Perma-grin on Austin!



On September 14th almost the entire Bauer/Burke family descended on the Cobra Experience to watch Austin learn to drive a stick shift under the direction of Dan McCabe and 3 other volunteers. Even his dad drove the Cobra. What a thrill for this family!



Featured Events

As car show season winds down,
there are so many choices!
3 events on Saturday, October 12th.
You choose!

76th ANNUAL BASS DERBY CAR SHOW

Presented by the Rio Vista Lions



Host Club ~ Delta Drifters

MAIN STREET DOWNTOWN RIO VISTA

SATURDAY OCTOBER 12, 2024

Check In: 7 AM - Show: 8 AM - Awards: 2 PM

Limited to Show Class Vehicles 1980 and Earlier

Registration Fee \$35.00

Register Early to Receive

GOODIE BAG TO FIRST 200 PARTICIPANTS (Includes one T-Shirt & one Poster)

Questions - Contact: Lion Danny Lindstrom (831)970-2951; Email: rvcarshow@yahoo.com

Complete entry form on the back, select T-Shirt size and remit total \$\$ amount.

Make checks payable to R. V. Lions Club and Mail to P.O. Box 362, Rio Vista, CA 94571

Cruisin' Suisun

Car Show

OCTOBER 12 | 9:00AM-2:00PM

AT SUISUN CITY WATERFRONT

CARS | FOOD | MUSIC | VENDORS

REGISTER FOR THE CAR SHOW AT
SUISUN.RECDESK.COM

FOR MORE INFORMATION, CALL 707-421-7200

INTERESTED VENDORS CAN CONTACT
JUSTEEN SINGLEY AT JSINGLEY@SUISUN.COM



RPM

ALCOHOL, SMOKING, & PETS ARE PROHIBITED.



2024 DVMA
END OF SEASON
ALL FORD CAR SHOW
OCTOBER 12TH



COME JOIN US FOR
ANOTHER FUN SHOW WITH
FOOD TRUCKS, DJ, RAFFLES,
AND GREAT GIVE AWAYS

HOSTED BY
THE COBRA EXPERIENCE
777 ARNOLD DR
MARTINEZ CA

PLACERVILLE LIONS

100 Years of Service



COMMUNITY CELEBRATION

Join us at the El Dorado County Fairgrounds

FREE ADMISSION • KIDZONE • CARSHOW

11 - 4 • Sat. October 19th

BRING YOUR OLD GLASSES, SUNGLASSES OR HEARING
AIDS TO RECYCLE AND GET A FREE RAFFLE TICKET

Food will be available from the 20/30 Club and foodtrucks

SAVE THE DATES

The Holidays are just around the corner, starting with Halloween so mark your calendars!

TRUNK 'N TREAT
OCTOBER 26TH



JUDY DAVIS MEMORIAL
CHIPS FOR KIDS
TOY DRIVE
NOVEMBER 23RD



ANNUAL GHMC
CHRISTMAS PARTY
DEC 14TH



Horses and Humans Helping People



Freedom
Equine
Connection

By Alice Troxell

On Saturday evening, September 14th, 14 GHMC members joined Paul and I at the 2nd Annual Freedom Equine Connection Awareness and Fundraising event. This nonprofit organization is the charity selected for our 40th Biggest Little Car Show on May 17, 2025. Coincidentally, May is also Mental Health Awareness Month and they are looking forward to setting up a booth at the car show to share their mission.

I want to say thanks again to all of you who attended, and emphasize your support is greatly appreciated!

Terry & Ileine Burke, Bob Fentress, Bryce & Terry Frazier, Rob Lo, Kathy Loya, Nick Loya, Dan & Norma McCabe, Peter & Lisa Mitsopoulos and Mike & Tammy Robinette.

There were tasty appetizers, wine, coffee, and tea to start off the evening; followed by a delicious meal catered by Merchant & Main Bar & Grill, in Vacaville.

We listened to Denise Wilson, ES, CISM, President and Founder, tell her story about growing up around horses. In her adolescent and teenage years, she enjoyed having friends over to hang out with her horses. She thinks back and remembers everyone was happy, always in a good mood, and having a good time with the horses.

She also shared a story about her own daughter, who as a child and teenager, was very strong-willed. Denise, however, somehow knew she couldn't take her daughter's horse away as part of any deserved reprimand. She felt deep inside that the horse would help her daughter through this challenging stage in her life. And it very much did! When her daughter was older, she gave her mom a book that ignited the spirit and spark that inspired Denise to help others overcome issues by using the healing power of horses. The name of that book is: *The Power of Horses to Heal/Riding Home*, by Tim Hayes.

Mary Aguilera, Ph.D., a Board Member shared her story on how a horse helped her rekindle a relationship with an estranged family member. She described the movements of the horse as walking away from her, but keeping its body at an angle. Denise explained to her that the horse was not deserting her, but leaving itself open to further interaction. Mary continued to share how her relationship with her relative began slowly, with texting. Not too long after they started "talking", her relative asked her to be with them because they were going to have a serious surgery. She felt compelled to honor their request and be there for them. It was a very heartwarming story to hear how her experience with the horse led her to reconnect with a family member.

During the evening there was a silent auction with some very nice donated items; Kathy Loya had the highest bid, and won the "Dog Goodie/Treats Bucket". Jim Wilson, Denise's

husband, took charge of the live auction to raise money for horse equipment, hay, and therapy sessions. To top off the evening, Jim then auctioned off the delectable one-of-a-kind desserts, and that turned into some fierce competition during the bidding! After Paul and I bid on a few desserts, we finally had the highest bid for the delicious Strawberry Cake! Of course we shared it with those who wanted to indulge.

Paul and I had a very nice time with excellent company; and the food was delicious. The presentation Denise gave was very educational, informative, and offered positive options to help with serious emotional issues. I recognized a gentleman, Ivan Jones, who works at the company I retired from, and found out his wife, Sarah Jones, MD, FAAFP, is a Board Member of Freedom Equine Connection. When Rob Lo briefly spoke to Denise, they discovered they both knew some of the same people at Kaiser. I guess it really is a small world, after all.

Dan & Norma Added: "It was an enjoyable time with our friends and the presentation was so informative and eye-opening. The horse/human connection is very strong and the way they explained about the size of the horse's heart in relation to the human heart really made a lasting impression. We enjoyed the auction, too. We opted to spend our money on hay and horse balls instead of the desserts, because we were still full from the delicious dinner!"

Bob Fentress Added: "The timing worked out well with their fundraising event and our announcement of them as the car show charity. We had the opportunity to meet the people involved and become more familiar with their mission, which makes the charitable fundraising part of the car show more meaningful to everyone."

Denise and her very qualified staff are dedicated to helping people of all ages with mental health or learning difficulties. They use the healing power of horses during therapy sessions, and offer the following ground-based programs: Equine Assisted Psychotherapy, Equine Assisted Learning, and Equine Assisted Organizational Development program.

I encourage anyone who may require assistance with healing for anxiety, PTSD, trauma, depression, or social disorders, or maybe students who might need help with reading skills, such as: phonemic awareness, decoding, vocabulary, fluency, or comprehension, to please check out Freedom Equine Connection and see if they have something to offer you or someone you know.

Website: FreedomEquineConnection.org

Phone or Text: (707) 249-5819

Email: admin@freedomequineconnection.org



Tech Talk 2.0



By Paul Troxell

The Premium Question

No, not insurance premium. Not even “Should I get the Premium option?” on the new Mustang that I am ordering. This time, as you would expect, it’s the question of “Should I put premium gasoline in my tank?”. The answer to this will be different depending on who you ask. There is a group that will say that all gasoline, except for the octane rating, is the same. It does not matter where you buy it, it is the same gasoline. It is the same stuff; it is just coming out of a pump with a different name on it.

Well, actually, they would be at least partially right. The gasoline that we get DOES come out of the same pipe or tank and is the same gasoline that all gas stations get delivered by truck. In fact, untreated gasoline is 83 octane. Oh, you say that you have never seen that? Well, it is in fact just that. The bulk of the gasoline made in the United States is 83 octane gasoline. It does not become 87, 89, or 91 octane until it is loaded into a tanker to be delivered. When the tanker truck arrives at the “Rack” to load at a refinery or storage facility is when “gasoline” becomes “regular”, “mid-grade”, or “premium”. This is done by a manifold in the loading system that injects the proper amounts of alcohol and other additives that meet the specification of the branded or unbranded gas station that it will be delivered to. So, different gasoline companies have different specifications for their regular, mid-grade, and premium gasolines. This means that Chevron gasoline IS NOT the same as Shell, or Conoco Phillips, or Costco, or Sam’s Club, Arco, etc.

So, what is the difference? Each producer (Chevron, Shell, Exxon Mobil, let’s just say the Majors, since they produce most of the gasoline) makes a fuel that meets the specification required here in the U.S., and in many cases the State that it will be sold in. They then add alcohol, which not only puts a lot of money into farmers pockets, but also increases the octane rating of the fuel. Yes, that is right, alcohol is an octane booster! But it is the many other chemicals that are added that really begin to separate the higher quality fuels from the “it makes the gas gauge go all the way over to full” fuels.

These other additives are mostly detergents that help to keep the fuel system from the tank to the intake valve clean. Keeping your fuel system clean is as important as changing the oil in your car or truck. Along with detergents there are even things like silver that are added to keep the electric fuel sending unit in the fuel tank working properly and longer. It is this add pack that makes all branded and unbranded fuel different. It is also why prices vary between brands. So, in a sense you are getting what you pay for.

The more additives in the fuel the more likely it will be more expensive.

So, what is one to do? Well, you could buy a bottle of Brand Whatever fuel additive to put in the tank every 6-10 thousand miles and spend the money that you saved buying the cheapest gas you could find. Or you could save yourself the time and money spent to go get the Brand Whatever and just buy a premium fuel at the gas station. Do the numbers, if you calculate your time, you will probably arrive at the answer that you actually spent more money.

Now, for Mustangs. If you have a high-performance model, whether new or a classic, I would not recommend anything but premium fuel. The higher compression ratios are one reason. But another reason is that to keep these athletes operating at peak performance a clean fuel system is mandatory. I mean, how many athletes do you know eat garbage, drink heavily, and smoke most of the time and only consume high quality food and drink, and quit smoking when they are about to perform? It doesn’t work that way.

Some companies even advertise that their fuel can reduce engine wear! Many of us would say “Ah, come on. You expect me to believe that?” Well, it is a fact and has been proven in the lab. Some of you may know that Shell makes this claim about their Shell V-Power Nitro+ Premium Gasoline. This fuel is very popular among the high-performance crowd for street use because of its performance. And because we can’t handle paying \$10.50/gallon for 100 octane race fuel to commute to work (well, at least I can’t and I don’t even have a job). For a more in depth look at this and many oil subjects I recommend going to Lake Speed Jr.’s YouTube channel “The Motor Oil Geek”. Lake is a Certified Lubrication Specialist and holds other certifications. He has an oil analysis company “Speed Analysis” and works for Total Seal (those who know, know). He also was responsible for the formulation of Driven Motor Oils while working for Joe Gibbs Racing. He is far more qualified than I and makes really great, informative YouTube vids on the kind of subjects that we (OK, maybe just me) like. Check him out.

Of course, there is way more to this gasoline thing than I have covered here. Next month I will take you on and “Incredible Journey” inside your motor to see things on a micro level and bring you more info on “The Premium Question”.

Until then, Pedal to the Metal!



BLAST FROM THE PAST

Historian Ileine Burke found an album with pictures from past Halloweens. Does this put you in the mood for the Trunk & Treat? Recognize anyone? Who is Cousin It? What about Fred? There are also some people who are no longer with us. May they RIP.





GHMC ELECTION INFORMATION

It's that time of year again!

Election time is near and we need to find out who would like to run for office or board position. The board is made up of four elected officers (President, Vice-President, Secretary, and Treasurer), the outgoing President, and not less than three, nor more than six members in good standing (current dues paid). Any member in good standing who would like to participate in the management of the club is encouraged to add their name to the ballot. If you are interested in running for office and cannot attend the October meeting, please call President Bob Fentress (see page 2) so that your name can be added to the ballot. Remember, no experience is needed, just willingness to help the club and lots of Mustang spirit! Nominations will be presented at the October General Meeting and nominations will also be taken from the floor at that time. If you want to be nominated for a position and cannot attend the October meeting, please notify the president.

The ballot will be mailed to you in early November and you can either mail it to the P.O. Box or bring it to the November General Meeting.

The following list explains the duties of each office:

- ★ **President:** Presides over club meetings-board & general (calls meetings to order; announces sequence of business to be discussed; recognizes members entitled to the floor, calls for motions on any questions when necessary, adjourns the meetings, and delegates duties as needed, including the handling of club correspondence), and signs all contracts or other instruments or writing approved by the Board of Directors.
- ★ **Vice-President:** Presides over club meetings-board and general- in the absence of the President; (see President), maintains the club calendar, and is the contact member for members interested in chairing club activities.

- ★ **Secretary:** Keeps a record (minutes) of club meetings-board and general; maintains a club roster (unless another officer or board member is assigned to do so); keeps record books of club by-laws and minutes; as well as any amendments thereto, and any other significant reports; prepares and mails election ballots; may prepare an agenda for each meeting if so requested by the president; prepares/responds to club correspondence as directed; and performs other duties as prescribed by the Board of Directors.
- ★ **Treasurer:** Handles club funds (receipts and deposits); balances the club checking account records with the bank account statement monthly; makes a financial report to the membership each month regarding income and expenditures, collects membership dues and other income; handles the sale of club t-shirts; attempts to collect on dishonored checks received by the club; and makes disbursements as authorized by the board.
- ★ Our club provides an MCA membership to all officers during their term
- ★ Any combination of officers may be required to sign checks for disbursements made from the club account.
- ★ At least two officers hold a key to the club mail box and are responsible for collecting mail.

Editor's note: Something to think about! Without officers, we don't have a club. Several of our officers and board members have served many terms and there is always room for fresh ideas. Please consider stepping up to keep this club fun and active!



★★★UPCOMING EVENTS★★★



ALL FUTURE EVENTS ARE TENTATIVE

Oct 5	BLUES, BREWS, BBQS AND MAIN STREET REUNION CLASSIC CAR SHOW - NAPA VALLEY EXPOSITION
Oct 6	GORDON VALLEY CAR SHOW—GORDON VALLEY FIRE HOUSE SEE FLYER FOR DETAILS
Oct 12	★ 76TH ANNUAL BASS DERBY CAR SHOW MAIN DOWNTOWN RIO VISTA SEE OUR WEBSITE FOR FLYER
Oct 12	★ DVMA CAR SHOW AT THE COBRA EXPERIENCE, MARTINEZ REGISTER ONLINE AT DVMA.ORG
Oct 12	★ CRUISIN' SUISUN CAR SHOW, SUISUN WATERFRONT REGISTER AT SUISUN.RECDESK.COM
Oct 19	★ PLACERVILLE LIONS - 100 YEARS OF SERVICE CAR SHOW
Oct 22	GHMC GENERAL MEETING 7:30 P.M. DENNY'S, 304 PITTMAN RD., CORDELIA
Oct 26	★ TRUNK & TREAT AT RON DUPRATT FORD WATCH EMAIL FOR DETAILS
Nov 11	FAIRFIELD VETERANS PARADE - BRIAN EVANS, MEET AT OUR USUAL SOLANO MALL LOCATION ON TRAVIS BLVD. BY THE STARBUCKS/JAMBA JUICE TIME, AND MORE DETAILS TBA
Nov 23	★ 2024 JUDY DAVIS MEMORIAL CHiPs FOR KIDS TOY DRIVE
Dec 14	★ GHMC ANNUAL CHRISTMAS DINNER—NAPA ELKS LODGE

SAVE THE DATES

*NOTE: If you sign up to attend a GMHC event but cannot attend, please notify the event chairperson ASAP.
If you need contact information, please email: info@goldenhillsmustangclub.com*

WELCOME NEW MEMBER



Catherine Taylor
Napa, CA
1965 Coupe, Black
2007 Coupe, Blue



Hope to see you at an event soon!



HAPPY BIRTHDAY

OCTOBER BIRTHDAYS

10/3 Jerry Williams
10/4 Sally Walter
10/6 Paulette Rand
10/6 Liz Tunac
10/6 Jeremy Wiederspahn
10/8 Nick Loya
10/11 Charles Shepard
10/13 Victoria Joines
10/15 Adam Simms
10/16 Bradley Freitas
10/18 James Sturgeon
10/21 Kitty Brevig
10/23 Olivia Pippert
10/24 Thomas Williamson
10/25 Peggy Concepcion

10/26 Brandon Leathers
10/26 Kathy Loya
10/29 Roger Driver
10/29 Robin Paulsell



NOVEMBER BIRTHDAYS

11/4 Marlon Markle
11/6 Cheryl Stafford
11/7 Jessica Robinson
11/13 Bob Haran
11/16 Lisa Pfeifer
11/19 Isabella Schneider
11/20 Kevin Onesko
11/23 Brian Evans
11/28 Dan Cordeiro
11/28 Evan Robinson



PLEASE LET US KNOW IF WE HAVE FORGOTTEN ANYONE!

Sunshine Corner



By Yvonne Westberg

Cards sent this month:

- ❁ Liz Normandin received a get well card as she spent some time in the ER.
- ❁ Neil Randles was sent an encouragement card because he's been very ill and unable to attend events. We wanted him to know to let him know that his GHMC family is thinking about him.
- ❁ Renee Wiederspahn was sent a sympathy card for the sudden loss of her mother.
- ❁ Barbara Stapleton was sent a get well card as she had a really bad flu and couldn't come down from Reno for the meeting as she had planned.
- ❁ Michelle Bauer was sent a card and flowers after her recent gallbladder surgery.

Please keep our members that have had health issues in your thoughts. They could all use our prayers. If you would like to send them a card, email, or text, please do so. It really means a lot to know that others care.

★ Remember if you know of someone in need of some SUNSHINE please contact me. You can text or leave me a voicemail

★ or you can email GHMC Info at: info@goldenhillsmustangclub.com



40th Annual Biggest Little Car Show

Our Charity Has been Chosen



Freedom Equine Connection

Horses and Humans Helping People

Mental Health & Learning Incorporating Horses
Freedom Equine Connection is a 501 (c) (3) Non-Profit located in Dixon, CA. It is the product of a life-long love and passion for horses and a deep desire to help people heal from life's traumas, addictions, and other mental and emotional health issues. We utilize a ground-based horse and human interaction model to help with the healing, learning, and growing process.

Committees are already forming for the
2025 Biggest Little Car Show.
May 17, 2025

Contact Paul Troxell to volunteer and find out where your talents will make the biggest impact.

707-301-9213

dieselgunner@comcast.net

Ron DuPratt



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**THE GOLDEN HILLS MUSTANG CLUB
MEETS THE 4TH TUESDAY OF THE MONTH AT:**

SEE YOU AT



Can anyone tell me who Fred Flintstone is? See me at the next meeting for a free raffle ticket.

7:30 p.m.
Denny's Cordelia
304 Pittman Rd.
Cordelia, CA 94534

NEXT MEETING
Tues, October 22, 2024

THIS ISSUE OF PONY TALES IS DIGITAL ONLY

GOLDEN HILLS MUSTANG CLUB

www.goldenhillsmustangclub.com

P.O. Box 497

Fairfield, CA 94533-0049

an MCA Regional Club



HAPPY NEWS?

DOES ANYONE HAVE SOMETHING TO SHARE?

It is always great to share some happy news, especially during difficult times. If you have something **HAPPY** (retirement, engagement, new grandchild, recognition or an award) to share with your fellow club members, please send me an email: nrmccabe@gmail.com

